

In ear AP in a right hander: “battlefield AP” from R. Niemtzw, USA [Davos, 2008]

This concept was established by Niemtzw in the battlefields, where the US army was fighting. He instructed all soldiers, to do “battlefield acupuncture” in all emergency cases, when a soldier was wounded. He equipped their emergency set with one way endurance needles. Therewith the soldier could lower the pain of a wounded colleague and bridge the gape between acute attack pain and first professional help later on.

1. Gyrus cinguli, close to the ACTH Pt (LV13) in the incisura intertragica
2. Thalamus Pt. (LI04), Forceps needling: Inside gold, outside silver
3. Omega 2 Pt (CV05), Forceps needling: Inside gold , retro silver (upper ear border)
4. Shen Men (HT07), right. (close to the hip Pt)
5. Pt Zero, (CV08) in a groove at the helix root
6. Cox-2 inhibition Pt retro at the right earlobe
7. PG E1 Pt (GB41) retro at the right earlobe
8. Thymus (TH05) left side. Sensible-sensorial line of the anthelix

